



The Perennial Post

Newsletter of the Sacramento Perennial Plant Club  Nov/Dec 2018

President's Message

Lorraine Van Kekerix

It's hard to believe the holidays are almost here. I hope you have much to be thankful for this Thanksgiving. Please join us for the Holiday Potluck on Wednesday, December 12th. Enjoy great company, amazing food and music by talented club members.

We have scheduled regular workdays at Hamilton Square (see back page) in November and December. Weeding and trimming in a beautiful setting can help you stay fit despite all the holiday goodies.

I'd like to thank all our members who have volunteered their time and talent to make this a successful year.

Important note:

If you have experience working with *Quicken* and would be willing to help with reports, please contact me at (916-457-2674 or pres.sppc@gmail.com).



NO MEETING IN NOVEMBER

Happy Thanksgiving



DECEMBER MEETING

Annual Holiday Potluck

WEDNESDAY—DECEMBER 12, 2018 • 7:00 P.M.

SHEPARD GARDEN AND ARTS CENTER

Join us for a wonderful way to end the year with good friends, a cup of hot apple cider and delicious food. The Perennial Plant Club invites all our members and families to attend the **18th Annual Holiday Potluck on Wednesday, December 12th**. The club will furnish turkey, cranberry sauce, bread and butter, drinks, eating utensils and plates. We would like everyone to bring something to share and are asking those whose last names start with the letters:

- **A thru I** to bring a **salad**
- **J thru Q** to bring a **hot dish**
- **R thru Z** to bring a **dessert**

In order to assure that there is an assortment of dishes we are asking that you RSVP to either **Deborah Renfrew, 916-966-3580** or **Marcia Leddy, 916-213-7743**. We have a wonderful time singing carols as **Noelle Anderson** plays the piano. Plus, you might win one of the door prizes. Hope to see you at the party.

WWW.SACRAMENTOPERENNIALPLANTCLUB.ORG



Sacramento Perennial Plant Club

OFFICERS

President: Lorraine Van Kekerix
Vice-President: Beverly Shilling
Treasurer: Bobby Frieze
Treasurer: Pat McKnight

CONTACTS

E-Mail: Kirsten Salomon
Grant Program: Jane Thompson
Hamilton Square: Vacant
Membership: Carol Meininger
Newsletter: Cheryl McDonald
Plant Sales: Deborah Renfrew
Publicity/Website: Linda Hax
SG&AC Rep: Noelle Anderson
Speakers: Daisy Mah
Tour Coordinator: Sharon Patrician
Vendor Sale: Lili Ann Metzger
WPA Garden: Daisy Mah

Send questions or comments to:
pres.sppc@gmail.com

BOARD MEETINGS

All SPPC members are invited to attend monthly board meetings. Begins at 4 p.m. at a board member's home.

November 8

RSVP to Bobby Frieze (916-383-8054)

January 10

RSVP to Linda Hax (916-481-9707)

NEWSLETTER

The due date to submit a garden-related article for the **Jan/Feb 2019** issue is **December 15**. Please send your article to Cheryl McDonald: (mcdonald4214@sbcglobal.net).

The Perennial Post is published bimonthly except for July and August. Archived newsletters can be viewed on the club's website.

Members:

Do you have plant catalogs you no longer want? Please bring them to the January meeting.

Thank you.

Thank You, Fellow Gardeners!

An overdue thank you to all who helped out, contributed or sent good vibes to the success of the SPPC Fall Garden Event. We made over \$1700.00 including the Thursday night meeting pre-sale. This is an increase over normal profit for the fall sale by approximately 40%. We not only had our wonderful healthy looking plants provided by our prolific propagator, but we had generous contributions of garden art and donated plants from individuals. To all who contributed a huge thank-you and my sincere appreciation. You gave your time and energy and you were generous in doing so. I couldn't have done it without you. Thanks again.

Deborah Renfrew



Tours & Events

Merry Mosaic Making

Held in Stan and LaVile Logan's beautiful backyard, SPPC members participated in a workshop creating mosaic garden spheres out of bowling balls. LaVile and Stan were fantastic hosts—fun, patient, and generous. They are looking forward to repeating this event in the spring.

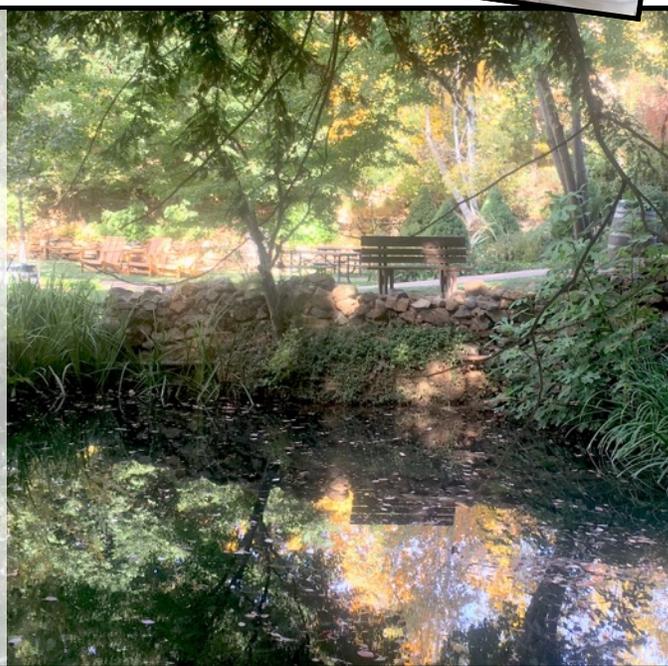
Pictured, left to right are: Terri Young, Beverly Shilling, Cheryl McDonald and Marcia Leddy



LAVILLE LOGAN

Boeger Winery Tour

A beautiful fall day in the vineyard with members enjoying the color and late bloom in the vineyard garden. Thanks to Mo Daly, guide and garden designer, the members were treated to a well-conceived garden plan for Boeger Winery and discussion on choices made. Some members continued on to Apple Hill for apple cider donuts and other apple goodies. Not to mention the stunning scenic drive through the apple farms and vineyards.



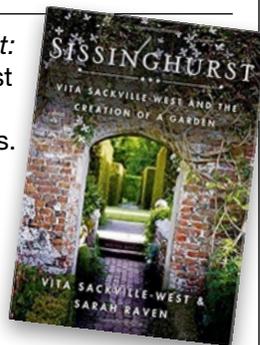
MARCIA LEDDY

Good Reading

by Diana Morris

Looking for some good reading as winter approaches? Dreaming of spring gardening while housebound during inclement weather? Here are some tantalizing suggestions by SPPC members. All books can be found on Amazon.

Lee Perrone suggests reading Vita Sackville-West, *Sissinghurst: Vita Sackville-West and the Creation of a Garden*. Sackville-West wrote a weekly newspaper about her life at Sissinghurst, a renowned garden in England and the book contains her columns. She also authored many other gardening books. Perrone says she is “insightful.” He also likes *The China Bayles Mystery* series by Susan Witting Albert (*Last Chance Olive Ranch*). Main character is an attorney turned herb shop owner, set in Texas.



Daisy Mah says “*Vegetable Literacy* by Deborah Madison is chock full of many easy, healthful and creative recipes that incorporate fresh herbs and produce. Many can be grown in our gardens, found at the produce counter or farmers market. Each chapter focuses on a group such as the mint and cabbage family, well researched, well written and stunningly illustrated with beautiful photography. This book is one of many vegetarian cookbooks authored by Madison.”

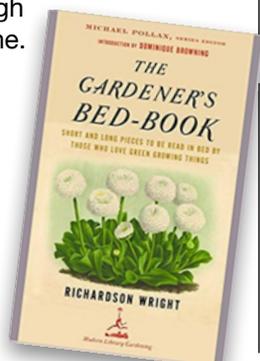
Shelly Berlant recommends *The Orchid Thief* by Susan Orlean. A non-fiction account of “. . . a young man who as a child and adult collected all kinds of wildlife and during his orchid phase convinced the Seminole Indians to let him gather and propagate an endangered orchid growing in the Seminole owned swamps in the South. The purpose of course was to make a lot of money.” Orleans covers “. . . personal and historical information about collecting plants over the past four or five centuries. A great and fast read about plants.” The book was made into the movie “Adaptation” for which Meryl Streep won an Oscar.



Sharon Partician is partial to author Elizabeth Lawrence. “She gardened in North Carolina in the 1940s through the 1980s and wrote at least five books on gardening in the South. Through her book *The Little Bulbs* I was introduced to freesias, ixias, sparaxis and dietes which I grew in Hamilton Square Garden with great success. She writes with understandable scholarship, humanity and love of plants.”

Carol Meininger enjoyed *The Language of Flowers* by Vanessa Diffenbaugh, a best-selling novel several years back. The protagonist is a young woman, living in San Francisco, coming of age with a troubled background and difficult and sometimes painful present. Through it all, she shines through with her love of flowers and learning the significance of each one. Author includes *Victoria's Dictionary of Flowers* starting with Abutilon (meditation) and finishing off with Zinnia (I mourn your absence).

SPPC President **Lorraine Van Kekerix** found Richardson Wright's *The Gardeners Bed Book* good reading for bedtime. A collection of short snippets with longer articles interspersed about gardening that are easy reading at the end of the day. “Sends you off to sleep in a good mood.”



Calendar

November 6 / December 4
Hamilton Square Garden—
First Tuesday Workdays

9 a.m. – Noon
Historic City Cemetery
1000 Broadway
Sacramento 95818

Enjoy weeding and trimming with friends in a lovely setting.

November 8
SPPC Board Meeting
Bobby Frieze
RSVP (916-383-8054)
Begins at 4 p.m.

November 17
Fall Color in the Rose Garden
10 a.m.
Historic City Cemetery
1000 Broadway
Sacramento 95818
Tour the bright colors of fall in the Historic Rose Garden.

December 11
Winter Pruning Tips and Techniques
10 a.m – Noon

UC Davis Arboretum Teaching Nursery

Plant expert and nursery manager, Taylor Lewis will show techniques and share tips for winter pruning in home gardens. Following the talk, stay and enjoy shopping in the Arboretum Teaching Nursery.

To register and for more information go to:
arboretum.ucdavis.edu/events



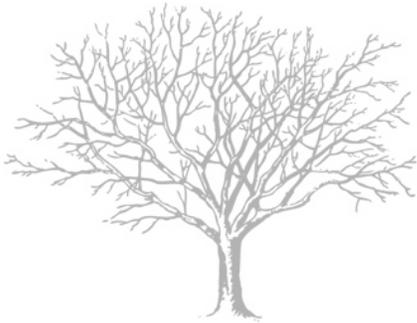
Saul Wiseman Grant Applications

Saul Wiseman Grant applications are now available on our website: sacramentoperennialplantclub.org/grants. Applications may be submitted electronically or by US Mail. Deadline for applications is January 15, 2019. Funding is awarded in February 2019.



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SPPC Newsletter
2743 San Luis Court
Sacramento, CA 95818



Hamilton Square Garden— First Tuesday Workdays

November 6 / December 4
9 a.m. – Noon

Historic City Cemetery
1000 Broadway
Sacramento 95818

For questions, contact
Beverly Shilling
(b_shilling@sbcglobal.net;
or 916-452-4762)



Enjoying a lovely garden workout at Hamilton Square Garden are,
from left to right, **Marcia Leddy, Beverly Shilling** and **Day Mar.**

LORRANE VAN KEKERIX